The Inter-class Basketball Competitions of our school were held from January to April of 2004. Students of all classes participated in the games with great enthusiasm. They practised hard in PE lessons so as to attain good results. During the competitions, they devoted themselves wholeheartedly to the game. The classmates gave their players the greatest support and cheered them up so loudly that the gymnasium seemed to crack at any moment. Teachers and students were mixed up in unison. All the competitions ended in cheers and great fun.

男Boy   女Girl

<table>
<thead>
<tr>
<th>F.1</th>
<th>賽冠Champion</th>
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<tr>
<td>1B2</td>
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<tr>
<td>2B2</td>
<td>亞軍Runner-up</td>
<td>2C1</td>
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<tr>
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<td>亞軍Runner-up</td>
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<td>E.4 &amp; F.6</td>
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</tr>
<tr>
<td>4B1</td>
<td>亞軍Runner-up</td>
<td>6D1</td>
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<td>E.5 &amp; F.7</td>
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<tr>
<td>4C1</td>
<td>亞軍Runner-up</td>
<td>4C1</td>
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<td>7D3</td>
<td>亞軍Runner-up</td>
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<tr>
<td>5C1</td>
<td>亞軍Runner-up</td>
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最佳運動員獎
Best Player

最佳球員
Best Defender

最佳團隊獎
Best Team Work

最佳班旗
Best Class Flag
Inter-class Football Match

The school held the Inter-class Soccer Competitions from November of 2004 to April. The games were keenly played. Classmates gave great cheers to their friends who played hard for the honour of their class.
聯校水運會

本機構聯校水運會於 2004 年 5 月 14 月，在官塘公眾游泳池舉行。七間分校
共分四個單位，分男子甲、乙、丙及女子
子高、初級共五個組別約 130 位運動員
參加比賽。由於本屆水運會主辦單位由
本校負責，大會主席郭麗英助理校長及
體育

部主任陳錦源老師，多個月前已經積極進行籌備
工作，舉行多次會議，體育部及教練加強
訓練學生，挑選了數十位學生參加次比
賽。

比賽當日雖然經過黃雨訊號及雷暴需
要暫停比賽兩次，但我校學生齊心協力不
畏懼，惡劣天氣，刻服困難
努力作賽。結果我校獲得優異的成績在六個團體獎中
我校奪取了其中四組冠軍。

團體獎：

金牌：6 枚  銀牌：6 枚  銅牌：12 枚

男子甲組冠軍
男子乙組冠軍
女子甲組冠軍
啦啦隊冠軍
Inter-school Swimming Gala

Our group of schools held the annual swimming gala in the Kwun Tong Public Swimming Pool on May 14 2004. The 7 branch schools were formed into 4 units for the competition. There were 5 grades of competitors, viz., Boys’ Grade A, B and C, and Girls’ Senior Grade and Junior Grade. The number of competitors totalled about 130. Since our school was the host of the current swimming gala, Ms Vivian Kwok, our Assistant Principal, who was also the Chairperson of the gala, started work on the organisation of the event some months ago and conducted several meetings to the effect. In the meantime, the PE Department and the coaches strengthened their efforts to train the students, out of whom 36 were selected to take part in the competition.

Despite the fact that the competition of the very day had to be temporarily suspended twice owing to an amber rainstorm warning and a thunderstorm warning, our students were in unison to brace the bad weather. They overcame all sorts of hardship and managed to devote themselves in the various events. As a result, our school attained distinguishing results. Out of 6 team awards, we won 4 championships.

Team Awards:

Gold Medals: 6   Silver Medals: 6   Bronze Medals: 12

Boys A Grade Champion
Boys B Grade Champion
Girls A Grade Champion
Cheer Squad Champion
Girls A Grade Champion
Girls C Grade 2nd Runner-up
Boys A Grade 2nd Runner-up
1000m Champion

Cheer Squad 1st Runner-up
Gold Medals: 16   Silver Medals: 10   Bronze Medals: 7

Girls B Grade 1st Runner-up
Girls Grade Champion
Boys B Grade 1st Runner-up
Ullah Rizwan

Inter-school Sports Day

The Delia Group of Schools held the Annual Sports Day in the Wanchai Sports Ground on March 29, 2004. The competitors were made up of 6 divisions, viz., Boys’ Grade A, B and C, and Girls’ Grade A, B and C. We selected a number of students who distinguished in athletics and all members of school teams for intensified training. Our school sent a lot of boys’ and girls’ athletes to take part in the events. During the day all our athletes showed a very positive attitude in the competition and won outstanding results for the school:

Girls A Grade Champion
Girls C Grade 2nd Runner-up
Boys A Grade 2nd Runner-up
1000m Champion

Cheer Squad 1st Runner-up
Gold Medals: 16   Silver Medals: 10   Bronze Medals: 7

Girls B Grade 1st Runner-up
Girls Grade Champion
Boys B Grade 1st Runner-up
Ullah Rizwan

Girls C Grade 2nd Runner-up
Inter-school Hockey

The school hockey team appointed Mr. Lee Chun Kee as the coach to train its members 3 years ago. As far as we can remember, those students who underwent the training in those days were relatively naughty ones. However, under Mr. Lee’s patient and expert tutorship, the students were no longer scared of hardship and devoted themselves wholeheartedly to the training. As a result, the team was the 2nd Runner-up in the Hong Kong Inter-school Hockey Contest last year. They even managed to take a further step forward this year by winning the 1st Runner-up Cup. The captain of the team ASAD has a strong sense of responsibility and good leadership. He assists the coach with double efforts and shows expert skills. He has been selected to the Hong Kong Combined School Team.
體操隊

我校體操隊在 2004 年度(4 月 2,4 日)全港學
中取得了兩杯六牌的好成績。

初級組個人全能第六名
初級組單槓第六名
自由操第三名
跳馬第八名
新秀組團體賽殿軍

Gymnastic Team

Our School Gymnastic Team attained good results in the 2004 All Hong Kong Schools Gymnastic Contest, winning 2 cups and 6 medals in all, including:

3rd Runner-up of the Inter-novice Team Contest

6th Position in Individual Full Skill Demonstration (Junior Grade)
6th Position in Horizontal Bar (Junior Grade)
2nd Runner-up in Freelance Gymnastics (Junior Grade)
8th Position in Pommelled Horse